



# internal beauty clinic

1 Abbey Road . Shepley . Huddersfield . HD8 8EP

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## **PRICE GUIDE**

# WELCOME TO OUR CLINIC

Our team of professional staff is led by the clinic owner Lisa Monaghan-Jones RGN.Dip.G.BCCH.MGCH.RT Dip.IITEC APM.Dip.IITEC Beauty, who is an advanced experienced medical and aesthetic nurse.

Unlike the majority of salons/beauticians this clinic does not bring in outside companies to administer Botox and cosmetic fillers, allowing us to offer appointments six days a week and provide a continuity of care for our clients.

Lisa is an advanced trained aesthetic practitioner who qualified under leading consultant plastic surgeon Adrian Richards (FRCS Plast) who provides training accredited by the Royal College of Physicians, allowing Lisa to provide the best possible results with the highest standards of care, in private spacious clinical surroundings.

## Summary of Specialist Treatments on offer;

### **Dermal Fillers**

Treatment for enhancing lips and improving lines around the nose and mouth area, forehead and even cheek augmentation.

**From £180.00**

### **Botox**

No doubt the world's most popular cosmetic treatment for line and wrinkle relaxing to the brow, forehead and crows feet area.

**From £170.00**

### **Lower Face Botox - Neck and Jaw**

Small injections into the platysmal bands of the neck to tighten the texture of the skin or injections into the jaw line for lift and definition, suitable for women and men.

**From £170.00**

### **Botox for boobs**

Botox for boobs! Nobody wants to see a boob frowning! The décolletage triangle is often neglected and can give away a woman's age. The botox is used to relax the muscles giving breasts a lift, smoothing out any wrinkles.

**Price upon consultation**

### **Hyperhidrosis**

Treatment for excessive sweating, involving tiny injections to the auxiliary areas.

**From £390.00**

### **Chemical Skin Peels**

Uncover a more youthful skin. This treatment stimulates collagen production, softens lines and reduces sun and age spots to the face, neck, hands and décolletage area. Treatments are also available for acne or pigmentation problems to face, back & body.

**From £70.00 - £390.00**

### **Mesotherapy – Anti-ageing**

Rejuvenate and improve texture, tone and elasticity. This treatment can be combined with a peel – infusing the skin with micro-droplets of vitamins and collagen stimulating agents without pain or bruising to the facial area. It can also be small injections alone into the cheeks, neck, décolletage or hand area, to revive ageing skin, restoring, plumping and firming.

**£390.00**

### **Microdermabrasion**

Non surgical method of rejuvenation by mechanical skin exfoliation without chemicals or lasers. Medical microdermabrasion offers a painless alternative to chemical peels/lasers restoring smoother younger looking skin. Suitable for fine lines/sun damaged skin/acne prone skin/blackheads and whiteheads. Age spots & hyperpigmentation, patchy skin.

**£390.00**

### **Sclerotherapy**

Tiny injections to remove thread veins/spider veins to the legs. Quick, effective and safe.

**£150.00**

### **Colonic Hydrotherapy/Irrigation**

One of our most popular sought-after treatments for the relief of constipation, bloating, irritable bowel syndrome, fatigue and many other symptoms. Warm purified water is gently introduced into the colon, whilst the nurse uses massage techniques to release stored matter, producing a feeling of well being. Diet, lifestyle, weight and blood pressure are all monitored. Your modesty is protected throughout.

**£50.00**

### **Lymphatic Drainage Massage**

A delicate form of massage that stimulates the body's lymphatic system, improves metabolism and helps to eliminate waste and toxins, providing a boost to the immune system.

**£40.00**

### **Indian Head Massage**

A treatment based on old ayurvedic techniques, involving work on the upper back, shoulders, neck, scalp and face. Helps reduce stress, fatigue, relaxes and rejuvenates.

**£35.00**

### **Hopi Ear Candles - Thermal Aricular Therapy**

A pleasant non-invasive treatment of the ears, relieving ear wax, stress, snoring and sinus problems.

**£30.00**

### **Beaute Neuve Hand Treatment**

Specialist treatment, consisting of exfoliation hand masks to stimulate cellular renewal - anti ageing.

**£25.00**

### **Jane Iredale Mineral Cosmetics**

The Skin care makeup – a favourite with make up artists + celebrities alike. Make your life simpler – they're a foundation, concealer, and sunscreen in one, and the sunscreen is UVA and UVB protective! **NO** chemicals, oils, talc, FD+C Dyes, synthetic preservatives, fragrances – even the most sensitive skin can relax – “Colours” by Jane Iredale – winner of 6 awards, full range available.

**Price on application**

### **Pulsar (IPL) Intense Pulsed Light System**

Pulsar has been clinically proved to permanently reduce hair growth from all parts of the body including the face. Suitable for virtually all hair and skin types including tanned, and dark skinned clients. Pulsar is also suitable to treat photo regeneration, pigmented lesions, red veins of the face and vascular lesions, scar and stretch mark reduction, active acne.

**Price on application**

# GUINOT Institute Paris

Guinot is synonymous with sophistication, quality and results – our company's philosophy!

Its - Guinot – a prescriptive cosmeceutical skincare and treatment range. Guinot works closely with leading universities and hospitals, so products benefit from the latest innovations and is dedicated to salon-only distribution via Guinot qualified beauty therapists so you can be confident of receiving knowledgeable advice and first-class care every time you visit a Guinot approved salon.

## Facials

### **Hydradermie Tres Homme (Cathiodermie)**

The elite in deep cleansing, this facial is suitable for all skin types, leaving the skin clean, smooth, rested and glowing.

**£40.00**

### **Hydra Plus (Super Cathiodermie)**

Created for the face, eyes and neck, a luxurious three-in-one treatment to help solve specific ageing problems. A highly recommended and popular treatment.

**£54.00**

### **Hydradermie Lift (The high-tech lifting treatment)**

Lift Express - This work out for the face creates a lifting effect in just under an hour by toning the complexion, smoothing wrinkles and lifting the facial contours.

**£39.00**

### **Lift Yeux**

Rejuvenates the eye area working around the muscles of the eyes (orbicularis) to tone them and give new firmness. Crows feet are smoothed and the eyes look younger.

**£38.00**

### **Hydradermie & Express Lift £68.00**

### **Hydradermie Plus & Express Lift £80.00**

### **Liftosome**

Firms and redensifies with pro collagen to recreate the features of a younger face.

**£42.00**

### **Beaute Neuve**

The renewing peeling treatment to remove superfluous cells helping the skin to breathe again. Cellular renewal is accelerated and the peeling effect can lighten brown spots and improve scars & wrinkles.

**£42.00**

### **Aromatic Facial**

A holistic facial using prescribed essential oils & plant extracts.

**£36.00**

### **Essential Facial**

Suitable for all skin types, leaving the skin cleansed and rested.

**£32.00**

## **Problem / Teenage Skin**

Consultation and facial.

**£30.00**

## **Hydradermie Tres Homme Facial - Mens Facial**

A complete facial, cleanses and rehydrates the skin, speeding up cellular regeneration. Includes a relaxing massage.

**£39.00**

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## **Body Treatments**

### **Aromatic Body Massage**

Prescribed essential oils, a tension relieving massage, instilling a feeling of well-being. Lie back and relax.

**£34.00**

### **Full Body Swedish Massage £30.00**

### **Back, Neck and Shoulder Massage**

Relaxing and tension relieving.

**£20.00**

### **Advanced Back Massage £30.00**

### **Hydradermie Back Treatment £40.00**

Deep pore cleansing treatment to improve the tone/texture, including acne and congested oily areas.

### **Aromatic Body Bien etre**

Sugar kiwi body exfoliation and an energising and de-stressing massage with essential oils. Relaxing, toning and rehydrating, giving a feeling of "well being".

**£45.00**

### **Aromatic Body Minceur - Anti Cellulite Treatment**

Essential oils, plant extracts and algae (seaweed), plus a thermal peel off mask. Detoxifying and eliminating fatty deposits from the skin.

**£45.00**

### **Aromatic SPA Treatment**

The SPA polish treatment combines the Aromatic Body Contouring together with the aromatic facial.

**£70.00**

### **Body Polish**

Dry body brush and full body exfoliation.

**£20.00**

### **Hydradermie Bust Treatment**

Designed to help firm and tone the elastic tissue which supports the bust with a combination of lymphatic drainage.

**£40.00**

### **Universal Contour Wrap**

If you want instant results – choose universal contour wrap and we guarantee you will lose at least 6 inches in just two hours perfect for that special occasion.

**£45 each or 3 for £120**

## **Dry Flotation**

### **Dry Flotation Tanks – The Queen of Treatments**

The ultimate pampering – a half-hour in the dry flotation tank will leave you completely relaxed. They say it's the equivalent of 3 hours sleep.

This luxurious indulgence consists of dry skin brushing, followed by your own personal choice of one of 3 wraps. Then imagine being cocooned in a warm, water blanket and lowered into a blissful state of weightlessness taking your mind and you anywhere you wish to drift away.

**£50.00**

### **Volcanic Mud Detox**

*Stimulates the release of toxins and impurities – great health programme!*

### **Chocolate**

*Pure indulgence – chocolate lovers be warned! Leaves the skin soft and fed!*

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## **Pamper Days**

### **Pamper 1**

(3-4hrs) - Includes flotation / taster facial / mini manicure or pedicure / champagne / fruit / chocs.

**£100.00**

### **Pamper 2**

(up to 2hrs) - Includes Flotation and mini-manicure or mini pedicure and champagne.

**£60.00**

### **Wedding Bells**

This package is spread over 4 weeks prior to your wedding. The package consists of 3 facials, manicure, pedicure, a slimming / firming body scrub and wrap and a spray tan of your choice.

**£199.00**

**Optional: Universal Contour Wrap** - Inch loss wrap for a small price!

**Optional: Bridal Makeup package by Jane Iredale Minerals** - Makeup to enhance natural beauty for brides - fantastic on photographs and yet subtle close up.

### **Pregnancy Pampering Package**

Relaxing face and body treatment created especially for expectant mothers.

**£77.00**

All the above can be tailored to meet your needs; Gowns provided and use of our Sanctuary Room during and after your visit to complete your stay.

## **Nail Enhancements**

Place your hands in our care with Creative nails, Acrylic & Gel

French Polish **£2.50**

One Nail Repair **£3.00**

Paraffin Wax Treatment **£6.00**

Soak Off Prior To Nail Extensions **£7.00**

Reshape & Polish **£9.00**

Manicure **£12.50**

Pedicure **£18.00**

Rebalance **£20.00**

Soak Off & Manicure **£20.00**

Luxury Manicure **£20.00**

Luxury Pedicure **£25.00**

Natural Nail Overlays **£25.00**

Rewhiten **£25.00**

Gel Toes (French) **£25.00**

Natural Hair Overlays **£25.00**

Full Set French/Natural Gel Overlays **£25.00**

Full Set French/Natural Acrylic Extensions **£35.00**

## **Waxing**

Lip/Chin wax **£5.00**

Eye Brow Wax **£5.50**

Underarms **£7.50**

Bikini **£7.50**

Lip & Chin Wax **£9.00**

Mens Back Wax (From) **£10.00**

Hollywood **£12.00**

Half Leg **£14.00**

Arm Wax **£15.00**

Brazilian **£15.00**

Full Leg **£20.00**

Full Leg and Bikini **£24.00**

## **Eye Treatment**

Eye Brow Shaping **£5.50**

Eye Brow Wax **£5.50**

Eye Brow Tint **£5.00**

Eye Last Tint **£8.50**

Eye Brow & Lash Tint **£13.00**

Eye Lash Perm & Tint **£25.00**

## **Spray Tanning**

### **Fantasy Spray Tan**

The revolutionary Airbrush Tanning System **£25.00**

### **Guinot Manual Tan**

Application & Exfoliation **£28.00**

## **Full Range Of Gentleman's Treatments**

Available upon request - Facials/Body/Waxing

Gift vouchers – the ideal gift for all occasions



## **Opening Times**

Monday	CLOSED	-	CLOSED
Tuesday	9.00am	-	5.00pm
Wednesday	9.00am	-	7.30pm
Thursday	9.00am	-	8.00pm
Friday	9.00am	-	5.00pm
Saturday	9.00am	-	4.00pm
Sunday	CLOSED	-	CLOSED

We take great pride in our reputation and respect our clientele. Confidentiality will be maintained at all times and private consultations are available if required.